

# Winter Camping Personal Equipment List

## Head:

- \_\_\_\_\_ Wool/Pile Balaclava
- \_\_\_\_\_ Silk Balaclava (optional - for sleeping)
- \_\_\_\_\_ Leather Face Mask
- \_\_\_\_\_ Ski Goggles or Glacier Goggles with side screens

## Upper Body:

- \_\_\_\_\_ 2 Long Undershirts - polypropylene
- \_\_\_\_\_ Vapor Barrier Shirt (optional)
- \_\_\_\_\_ Wool/Polypropylene/Pile Shirt - medium weight
- \_\_\_\_\_ Wool/Pile Sweater or Jacket - heavy
- \_\_\_\_\_ Wind Jacket with Hood - 60/40, nylon, Gore-Tex-will double as rain jacket
- \_\_\_\_\_ Winter Parka with Hood - synthetic fill, nylon or Gore-Tex outer

## Hands:

- \_\_\_\_\_ Glove Liners - synthetic, polypropylene
- \_\_\_\_\_ Wool Gloves
- \_\_\_\_\_ Wool/Synthetic/Pile Mittens
- \_\_\_\_\_ Mitten Shells (not needed if above mittens are shelled)

## Lower Body:

- \_\_\_\_\_ Underwear
- \_\_\_\_\_ Long Underwear - polypropylene - light to medium
- \_\_\_\_\_ Vapor Barrier Pants (optional)
- \_\_\_\_\_ \* Wool/Pile Pants/bibs or Knickers - heavy
- \_\_\_\_\_ \* Wind Pants - nylon (Gore-Tex-doubles as rain pants)
- \_\_\_\_\_ Overpants - insulated, synthetic fill ski pants (optional)

## Feet:

- \_\_\_\_\_ Liner Socks (thin) - polypropylene - 2+ pairs
- \_\_\_\_\_ Vapor Barrier Socks
- \_\_\_\_\_ Wool/Pile Socks (heavy) - 4+ pairs (knicker socks if knickers)
- \_\_\_\_\_ Mickey Mouse Boots or Mountaineering double boots + overboot
- \_\_\_\_\_ Gaiters - coated nylon, large to fit over Mouse boots
- \_\_\_\_\_ Polarguard/Down Booties
- \_\_\_\_\_ Camp Overboots
- \_\_\_\_\_ Cross-Country Ski Boots (if skiing)
- \_\_\_\_\_ Ski Overboots (if skiing)

## Shell Layer:

- \_\_\_\_\_ Waterproof/Breathable Jacket - nylon, Gore-Tex - must fit over stacked layers
- \_\_\_\_\_ Rain Pants - nylon, Gore-Tex - must fit over stacked layers

**Pack & Packing:**

- \_\_\_\_\_ Large External Frame Pack - with frame extension or Large Internal Frame Pack (4500+ cubic inches)
- \_\_\_\_\_ Stuff Sacks of all sizes - all equipment in stuff sacks
- \_\_\_\_\_ Pack Rain cover

**Travel Equipment:**

- \_\_\_\_\_ Snowshoes with binding & snowshoe crampons
- \_\_\_\_\_ Ski poles - 1 pair
- \_\_\_\_\_ Ice Axe
- \_\_\_\_\_ Crampons with binding and point protectors
- \_\_\_\_\_ Skis and boots (if skiing)

**Sleeping Gear:**

- \_\_\_\_\_ Synthetic/Down Sleeping Bag - rated to -15 or to 0 with overbag and/or vapor barrier liner, if down should have Gore-Tex shell,
- \_\_\_\_\_ Ensolite Foam Pad - 1/2" or Thermarest Pad

**Eating Utensils:**

- \_\_\_\_\_ Plastic Cup - double walled recommended
- \_\_\_\_\_ Plastic Spoon - should be tied to cup
- \_\_\_\_\_ 2 1 Quart Water Bottles - plastic, wide mouth, cap retainer should be outfitted in small stuff sack with webbing loops

**Miscellaneous:**

- \_\_\_\_\_ Day Pack - for carrying extra clothing, water, lunch, camera, doubles as stuff sack
- \_\_\_\_\_ Flashlight - headlamp best, with lithium (best) alkaline (ok) batteries (work better in cold)
- \_\_\_\_\_ Knife
- \_\_\_\_\_ Whistle
- \_\_\_\_\_ Belt or suspenders
- \_\_\_\_\_ Extra Glasses, Sunglasses, Glasses Strap, Antifog
- \_\_\_\_\_ Sunscreen
- \_\_\_\_\_ Chapstick
- \_\_\_\_\_ Toilet Articles
- \_\_\_\_\_ Any Medications needed during trip
- \_\_\_\_\_ Camera, film, books, games, paper & pen, etc. (optional)
- \_\_\_\_\_ Cough drops or sour balls